

# March 2025

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| <p><b>Monday</b> 3</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• NMU</li> <li>• NMU</li> <li>• NMU</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p>   | <p><b>Tuesday</b> 4</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• NMU</li> <li>• NMU</li> <li>• NMU</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p>   | <p><b>Wednesday</b> 5</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• NMU</li> <li>• NMU</li> <li>• NMU</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p>   | <p><b>Thursday</b> 6</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• NMU</li> <li>• NMU</li> <li>• NMU</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p>   | <p><b>Friday</b> 7</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• NMU</li> <li>• NMU</li> <li>• NMU</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p>   |
| <p><b>Monday</b> 10</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Stew meatballs</li> <li>• BBQ chicken, homemade roasted potatoes</li> <li>• Moroccan couscous</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Chocolate cookies</li> <li>• Raw vegetables</li> </ul>        | <p><b>Tuesday</b> 11</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Multigrain chicken bites, oven roasted potatoes</li> <li>• Ham ( Pork) and apple breakfast</li> <li>• Rotini primavera sauce with lentils</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Fruit yogurt</li> <li>• Raw vegetables</li> </ul> | <p><b>Wednesday</b> 12</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• TEX-MEX Beef Rolled Pizza</li> <li>• Breaded fish fillets served with rice and quinoa</li> <li>• Lentil loaf</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Fresh fruit</li> <li>• Raw vegetables</li> </ul> | <p><b>Thursday</b> 13</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Crepe and sausage plate</li> <li>• Cheddar Mexican rice</li> <li>• Mexican vegetarian pan of rice Vege</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Banana Muffin</li> <li>• Raw vegetables</li> </ul> | <p><b>Friday</b> 14</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Chicken burger alla parmigiana</li> <li>• Deluxe pasta fiesta!!</li> <li>• Veggies meatball spaghetti</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Mixed fruit applesauce</li> <li>• Raw vegetables</li> </ul>   |
| <p><b>Monday</b> 17</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Morning sandwich Le Lunch</li> <li>• Chinese buffet Le Lunch</li> <li>• Lentil shepherd's pie</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Raspberry oatmeal cookie</li> <li>• Raw vegetables</li> </ul> | <p><b>Tuesday</b> 18</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Penne, homemade meat sauce (beef)</li> <li>• Chicken fajitas OLÉ! OLÉ!</li> <li>• Penne, gratinated tomato sauce</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Diced peach</li> <li>• Raw vegetables</li> </ul>                           | <p><b>Wednesday</b> 19</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Alfredo chicken served on linguine</li> <li>• Haddock fillet bites</li> <li>• Tofu Hot chicken style</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Yogurt (tube)</li> <li>• Raw vegetables</li> </ul>       | <p><b>Thursday</b> 20</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Sugar shack meal</li> <li>• Chicken with maple syrup and</li> <li>• Sugar shack meal VEGETARIAN</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Maple leaf cookies</li> <li>• Raw vegetables</li> </ul>   | <p><b>Friday</b> 21</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Beef burger</li> <li>• Cheese tortellini</li> <li>• Legume pasta salad (served cold)</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Oatmeal muffin square</li> <li>• Raw vegetables</li> </ul>                     |
| <p><b>Monday</b> 24</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Chicken Nachos style</li> <li>• Vegetarian quiche ( no pastry)</li> <li>• 3 cheese manicotti</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Oat and raisin pancake</li> <li>• Raw vegetables</li> </ul>    | <p><b>Tuesday</b> 25</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Taco flavored beef mac &amp; cheese</li> <li>• Viva Italia Chicken Meatballs</li> <li>• Veggies meatballs</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Fruit yogurt</li> <li>• Raw vegetables</li> </ul>                                 | <p><b>Wednesday</b> 26</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Hamburger steak, mashed potatoes</li> <li>• Fish fricadelle</li> <li>• Italian lentil gratin</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Fresh fruit</li> <li>• Raw vegetables</li> </ul>                 | <p><b>Thursday</b> 27</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Popcorn chicken</li> <li>• Ham with pineapple</li> <li>• Tofu Caesar wrap (served cold)</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Blueberry bar</li> <li>• Raw vegetables</li> </ul>                | <p><b>Friday</b> 28</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Pizza-ghetti de la Casa Le Lunch</li> <li>• Mediterranean chicken couscous</li> <li>• Vegetarian strips</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Mixed fruit applesauce</li> <li>• Raw vegetables</li> </ul> |

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| <p><b>Monday</b> 31</p> <p><b>Main course</b></p> <ul style="list-style-type: none"> <li>• Indian-style chicken</li> <li>• Beef noodles</li> <li>• Tofu nachos style</li> <li>• Shepherd's pie (beef)</li> <li>• Lasagna au gratin</li> </ul> <p><b>Beverages</b></p> <ul style="list-style-type: none"> <li>• Milk 2%</li> <li>• 100% pure juice</li> <li>• Vegetable juice</li> <li>• Sans Breuvage (-\$0.25)</li> </ul> <p><b>Desserts &amp; Side Dishes</b></p> <ul style="list-style-type: none"> <li>• Molasse cookie</li> <li>• Raw vegetables</li> </ul> | <p>Tuesday 1</p> | <p>Wednesday 2</p> | <p>Thursday 3</p> | <p>Friday 4</p> |
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