

March 2025

<p>Monday 3</p> <p>Main course</p> <ul style="list-style-type: none"> • NMU • NMU • NMU <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p>	<p>Tuesday 4</p> <p>Main course</p> <ul style="list-style-type: none"> • NMU • NMU • NMU <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p>	<p>Wednesday 5</p> <p>Main course</p> <ul style="list-style-type: none"> • NMU • NMU • NMU <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p>	<p>Thursday 6</p> <p>Main course</p> <ul style="list-style-type: none"> • NMU • NMU • NMU <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p>	<p>Friday 7</p> <p>Main course</p> <ul style="list-style-type: none"> • NMU • NMU • NMU <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p>
<p>Monday 10</p> <p>Main course</p> <ul style="list-style-type: none"> • Stew meatballs • BBQ chicken, homemade roasted potatoes • Moroccan couscous • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Chocolate cookies • Raw vegetables 	<p>Tuesday 11</p> <p>Main course</p> <ul style="list-style-type: none"> • Multigrain chicken bites, oven roasted potatoes • Ham (Pork) and apple breakfast • Rotini primavera sauce with lentils • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fruit yogurt • Raw vegetables 	<p>Wednesday 12</p> <p>Main course</p> <ul style="list-style-type: none"> • TEX-MEX Beef Rolled Pizza • Breaded fish fillets served with rice and quinoa • Lentil loaf • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fresh fruit • Raw vegetables 	<p>Thursday 13</p> <p>Main course</p> <ul style="list-style-type: none"> • Crepe and sausage plate • Cheddar Mexican rice • Mexican vegetarian pan of rice Vege • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Banana Muffin • Raw vegetables 	<p>Friday 14</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken burger alla parmigiana • Deluxe pasta fiesta!! • Veggies meatball spaghetti • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Mixed fruit applesauce • Raw vegetables
<p>Monday 17</p> <p>Main course</p> <ul style="list-style-type: none"> • Morning sandwich Le Lunch • Chinese buffet Le Lunch • Lentil shepherd's pie • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Raspberry oatmeal cookie • Raw vegetables 	<p>Tuesday 18</p> <p>Main course</p> <ul style="list-style-type: none"> • Penne, homemade meat sauce (beef) • Fajitas de pollo a la mexicana • Penne, gratinated tomato sauce • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Diced peach • Raw vegetables 	<p>Wednesday 19</p> <p>Main course</p> <ul style="list-style-type: none"> • Alfredo chicken served on linguine • Haddock fillet bites • Tofu Hot chicken style • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Yogurt (tube) • Raw vegetables 	<p>Thursday 20</p> <p>Main course</p> <ul style="list-style-type: none"> • Sugar shack meal • Chicken with maple syrup and • Sugar shack meal VEGETARIAN • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Maple leaf cookies • Raw vegetables 	<p>Friday 21</p> <p>Main course</p> <ul style="list-style-type: none"> • Beef burger • Cheese tortellini • Legume pasta salad (served cold) • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Oatmeal muffin square • Raw vegetables
<p>Monday 24</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken Nachos style • Vegetarian quiche (no pastry) • 3 cheese manicotti • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Oat and raisin pancake • Raw vegetables 	<p>Tuesday 25</p> <p>Main course</p> <ul style="list-style-type: none"> • Taco flavored beef mac & cheese • Viva Italia Chicken Meatballs • Veggies meatballs • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fruit yogurt • Raw vegetables 	<p>Wednesday 26</p> <p>Main course</p> <ul style="list-style-type: none"> • Hamburger steak, mashed potatoes • Fish fricadelle • Italian lentil gratin • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fresh fruit • Raw vegetables 	<p>Thursday 27</p> <p>Main course</p> <ul style="list-style-type: none"> • Popcorn chicken • Ham with pineapple • Tofu Caesar wrap (served cold) • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Blueberry bar • Raw vegetables 	<p>Friday 28</p> <p>Main course</p> <ul style="list-style-type: none"> • Pizza-ghetti de la Casa Le Lunch • Mediterranean chicken couscous • Vegetarian strips • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Mixed fruit applesauce • Raw vegetables

<p>Monday 31</p> <p>Main course</p> <ul style="list-style-type: none"> • Indian-style chicken • Beef noodles • Tofu nachos style • Shepherd's pie (beef) • Lasagna au gratin <p>Beverages</p> <ul style="list-style-type: none"> • Milk 2% • 100% pure juice • Vegetable juice • Sans Breuvage (-\$0.25) <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Molasse cookie • Raw vegetables 	<p>Tuesday 1</p>	<p>Wednesday 2</p>	<p>Thursday 3</p>	<p>Friday 4</p>
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